



www.wlww.k12.or.us

The District's Nutrition Program offers healthy foods that students enjoy while meeting all federal healthy hunger free USDA guidelines (HHFKA).

Foods contain no trans fat or MSG. Peanut items are not served. (Sunflower seed butter replaces and has a low allergy risk). The menu can be modified for non-meat options. (Yogurt contains gelatin.) Students, please speak with the nutrition employee. Students select from the choices available. Items with pork, ham or bacon are noted.

If your student has a high risk allergy, the nurse and the nutrition manager can arrange a special diet. Please contact the manager at

abelc@wlww.k12.or.us

Checks are accepted at the school or kitchen office.

For \$1.95, a credit card payment can be made at www.k12paymentcenter.com

For meal benefit assistance, please call 503-673-7992 or email linstror@wlww.k12.or.us

This institution is an equal opportunity provider.

Substitutions may need to be made on occasion.

West Linn - Wilsonville School District

Primary School Lunch Menu

March 13 - April 14, 2017



Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Teriyaki Chicken Rice Bowl with whole grain brown rice or Yoplait Lowfat Yogurt & Whole Grain Baked Item Saltines Green Beans or Power Peas Salad Blend, Fruit, Buttermilk Ranch 100% Juice, Nonfat White, 1% White Milk	Whole Grain, Lowfat Hamburger or Sunbutter Jelly Sandwich & Lowfat String Cheese ½ oz. Lays Potato Chips Tomatoes & Pickles Salad Blend, Fruits, Buttermilk Ranch Nonfat Chocolate, 1% White Milk	Whole Grain, Lowfat Turkey Hot Dog or Chicken Salad Sandwich Baked Potato Smiles Fresh Carrots, Beans (Legumes) Salad Blend, Fruit, Buttermilk Ranch 100% Juice, Nonfat White, 1% White Milk	Whole Grain, Lowfat Macaroni & Cheese or Seasoned Whole Grain Fish Sticks Roll, Coleslaw Salad Blend, Fruits, Buttermilk Ranch Nonfat Chocolate, 1% White Milk	Whole Grain, Lowfat Cheese Pizza or whole grain Pretzel & Mozzarella Cheese Stick with marinara dipping sauce Salad Blend, Fruit, Buttermilk Ranch 100% Juice, Nonfat White, 1% White Milk Baked Cookie (Whole Grain, Lowfat)
20	21	Early Release Day 22	23	24
Baked Pasta with lowfat meat & spaghetti sauce or Yoplait Lowfat Yogurt & Berry Shortcake Saltines, Golden Corn Salad Blend, Fruit, Buttermilk Ranch 100% Juice, Nonfat White, 1% White Milk Berry Shortcake (Whole Grain, Lowfat)	Whole Grain, Lowfat Hamburger or Sunbutter Jelly Sandwich & Lowfat String Cheese Cheez-its or Goldfish Crackers Tomatoes & Pickles Salad Blend, Fruits, Buttermilk Ranch Nonfat Chocolate, 1% White Milk	Yoplait Lowfat Yogurt & Whole Grain Graham Crackers or COOKS SPECIAL SANDWICH Potatoes, Beans (Legumes) Salad Blend, Fruit, Buttermilk Ranch 100% Juice, Nonfat White, 1% White Milk	<div style="display: flex; justify-content: space-around;"> <div style="color: red; font-size: 2em;">No School</div> <div style="color: red; font-size: 2em;">No School</div> </div>	



March 27 - 31, 2017

April 3 4	5	6	7
Whole Grain, Lowfat Mini Chicken Corndogs or Yoplait Lowfat Yogurt & Whole Grain Muffin Roll Green Beans or Power Peas Salad Blend, Fruit, Buttermilk Ranch 100% Juice, Nonfat White, 1% White Milk	Whole Grain, Lowfat Chicken Burger or Sunbutter Jelly Sandwich & Lowfat String Cheese Cucumber, Tomatoes Beans (Legumes) Salad Blend, Fruits, Buttermilk Ranch Nonfat Chocolate, 1% White Milk	Baked Potato with Toppings Your choice: broccoli, chili cheese, salsa or Lowfat, Low Sodium Beef Chili & Cheese Whole Grain Cornbread Star Saltines, Sour Cream Salad Blend, Fruits, Buttermilk Ranch 100% Juice, Nonfat White, 1% White Milk	Whole Grain, Lowfat Cheese Pizza or Beef Ravioli & Cheese Saltines Salad Blend, Fruit, Buttermilk Ranch 100% Juice, Nonfat White, 1% White Milk Baked Cookie (Whole Grain, Lowfat)
10	11	12	13
<div style="color: red; font-size: 2em;">No School</div>		Whole Grain, Lowfat Cheese Quesadilla or Tuna Sandwich on whole grain bread Cheez-its or Goldfish Crackers Corn Salsa, Sour Cream Beans (Legumes) Salad Blend, Fruit, Buttermilk Ranch 100% Juice, Nonfat White, 1% White Milk	Whole Grain, Lowfat Flavorful Sloppy Joe or Chicken Salad Sandwich Flavorful Sweet Potatoes Coleslaw Salad Blend, Fruits, Buttermilk Ranch Nonfat Chocolate, 1% White Milk
		Whole Grain, Lowfat Chicken Bites or Sunbutter Jelly Sandwich & Lowfat String Cheese Baked Tots, Saltines Salad Blend, Fruits, Buttermilk Ranch Nonfat Chocolate, 1% White Milk	Whole Grain, Lowfat Cheese Pizza Cottage Cheese Peaches or Pears Salad Blend, Buttermilk Ranch 100% Juice, Nonfat White, 1% White Milk Baked Cookie (Whole Grain, Lowfat)

LUNCH PRICES---Student \$3.20 Reduced---No Charge Adult---\$4.20 (includes 1 entree)

Milk or juice without a full pay, reduced or free meal is \$.50

When paying by check you authorize the recovery of unpaid checks and the recovery of the state allowed fee by means of electronic re-presentment or by paper draft.